



PALM SUNDAY	9 & 10 APRIL	AS USUAL
HOLY THURSDY	14 th APRIL	7.30 p. MASS
GOOD FRIDAY	15 TH APRIL	10.00 AM STATIONS OF THE CROSS 3.00 PM SERVICE
HOLY SATURDAY	16 th APRIL	7.30 PM EASTER VIGIL
EASTER SUNDAY	17 TH APRIL	MASSSES - 8.00 AM 9.30 AM 5.00 PM

SACRAMENT OF RECONCILIATION

2nd RITE OF RECONCILIATION

MONDAY 4th APRIL

7.00 PM



2022 JOURNEY THROUGH LENT WITH JESUS



Special events and

activities for Lent

My dear Brothers and Sisters

We will begin the season of lent on the **2nd of March** with Ash Wednesday. This holy season is a period of preparation for a major season- Easter. Therefore, lent can easily be compared to a training camp which leads to a major sporting event. In sports-related pre-seasons, there will be exercise and a focus on fundamentals which make an athlete fit enough to play the game at the highest level.

Lent, our spiritual pre-season consists of Forty Days (40) except Sundays and there will be very important spiritual exercises that we need to undertake namely **Prayer, fasting and Almsgiving**. In his human nature, Jesus too practiced these fundamental spiritual exercises which equipped him to overcome all temptations and challenges in life in order to emerge victorious through His resurrection. These spiritual exercises may appear to be uncomfortable and demanding but I invite you to look at them through the prism of the resurrection of Jesus which gives meaning to all our efforts and make us worthy to celebrate Jesus' resurrection more meaningfully.

I have proposed a few activities and I kindly request each one of you to undertake at least one of them for your own spiritual wellbeing.

Through our sacrifice, our concern for others and our talking with the Lord, these next six weeks can lead us to a more enriched life, filled with purpose and happiness.

Have a Blessed Season of Lent

Your Servant in Christ
Fr. Chaminda Waningasena

Parish administrator.